

# Dining»»

## WHERE WE'VE BEEN



### HAROLD'S

Celebrated chef Harold Balink's new restaurant in south Lee County may be small but the cuisine served up is mighty.

Friday, Nov. 27



### TARTINE & TARTELETTE

This new North Naples restaurant is cozy but service was not as good as the food.

Friday, Nov. 20



### OLD NAPLES ALL-AMERICAN SPORTS BAR & GRILL

This new Naples sports bar offers comfort — the food and the setting.

Friday, Nov. 13



## Did you miss it?



You can read the complete reviews online at [inthe239.com](http://inthe239.com).



LOGAN NEWELL/SPECIAL TO THE DAILY NEWS

A dish consisting of lamb with brown rice, lentils, spinach and salad is served at Ahana's Bombay Grille in Bonita Springs.

# AHANA'S BOMBAY GRILLE SIMPLIFIES INDIAN CUISINE

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[inthe239.com](http://inthe239.com)

See more photos of Ahana's



REVIEWER RATING:  
**3.5 OUT OF 5**



such as cardamom, chiles, mustard seed, saffron, clove and, of course, curry.

My friend and recent dining companion confirmed my belief that many of the town's best restaurants are tucked demurely into strip malls. Ahana's Bombay Grille in Bonita Springs, where we were dining, further confirmed it.

A novel concept for these parts, Ahana's combines home-cooked East Indian food with healthy cuisine in a cafeteria-style setting that caters to both eat-in and take-out patrons. What dishes lack in gluten, sodium and salt, they make up for with wonderful seasonings

Ahana's simplifies the often confusing process of navigating an Indian restaurant menu. Basically you have three main choices of meals, served on a sectioned tray like I remember from my high school cafeteria. The first meal revolves around grass-fed lamb (\$10), the second

## IF YOU GO AHANA'S BOMBAY GRILLE

**Where:** 3401 Bonita Beach Road, No. 104, Bonita Springs  
**Prices:** Full meals \$8-\$10, breads \$1.30, desserts \$3-\$4, beverages \$1.40-\$4  
**Information:** 239-301-2539, [abgbonita.com](http://abgbonita.com)

chicken tikka masala (\$8.50). The third is vegan/vegetarian (\$8.20).

With the lamb and chicken meals come a choice of two

See **AHANA'S**, 21F

## THE DISH from [inthe239.com](http://inthe239.com)



### NAPLES WINE FEST

Curtis Duffy is owner of Grace in Chicago, where also is head chef. The restaurant has received high ratings over the years for its high-quality food and service. A Columbus, Ohio, native, Duffy left the Buckeye State for Chicago to pursue a career in fine dining. He ended up at Charlie Trotter's, which for years was considered one of the top restaurants in the U.S. and the rest of the world. Duffy worked at other restaurants before opening Grace in 2012.

For the next few months in this spot, we will provide information on chefs selected for the Naples Winter Wine Festival, Jan. 29-31.

### GOING GRAPE

Daily News wine columnist Julie Glenn recently wrote about low-calorie wines for the holidays. "Typically anything low-fat or low-cal has me running in the opposite direction, but the gravitational pull of wine made me check it out at a recent trade tasting. The impossibly stylish and beautiful owners of Syltbar, Claus and Regina Blohm, were there to share the story of their wine."